

ENTRY FORM
WILD WOMAN 8K RUN/WALK

April 3, 2010 8am

****Please print and complete all information****

Makes checks payable to Fundamental Fitness. Mail to: WW8K 32 E. 7th St., Frederick , MD 21701

Amount Enclosed: \$_____ (Before March 1—\$20, after March 1—\$25.)

Name: _____

Email: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Sex: F

Age on Race Day: _____ T-shirt Size: S M L XL

WAIVER: In consideration of the rights granted to me to participate in the Wild Woman 8K Run/Walk on April 3, 2010, I hereby waive all claims and damages against Fundamental Fitness and any other sponsors or organizers arising from my participation or any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I understand that rollerblades, bikes, skateboards, etc. are not allowed. Runners sign below

Runners signature: _____ Date: _____

Parent/Guardian (for minors under 18)

Date: _____